

ACAI BOWLS

	SML	REG
GO-TO BOWL (V) (GF)	15.00	17.00
Peanut Butter, Strawberries, Banana, Cacao Nibs		
PB and J BOWL	15.50	17.50
Peanut Butter, Raspberry Chia Jam, Granola, Blueberries, Banana		
MVP BOWL (GF)	16.20	18.20
Choc Buckini Clusters, Coyo, Raspberries, Kiwi Fruit, Nutella		
NUTELLA BOWL	15.50	17.50
Nutella, Granola, Strawberries, Banana		
NAT'S BOWL	16.10	18.10
Peanut Butter, Almonds, Granola, Strawberries		
CROWD PLEASER	15.20	17.20
Peanut Butter, Granola, Strawberries, Buckinis		
FRESH BOWL (V) (GF)	14.90	16.90
Almonds, Strawberries, Coconut Flakes, Banana		
CLASSIC BOWL	15.20	17.20
Granola, Blueberries, Banana, Desiccated Coconut		

DESIGN YOUR BOWL

	SML	REG
ACAI BASE	8.00	10.00
Organic Acai + Banana blend, naturally dairy free & gluten free. Choose your toppings below.		

FRUIT	
Strawberries	2.50
Blueberries	2.20
Apple	1.00
Banana	1.00
Mango	2.20
Goji Berries	1.50
Passionfruit	2.20
Raspberries	3.00
Kiwi Fruit	2.00

SPREADS + PROTEINS	
Peanut Butter	2.50
Nutella	2.50
Biscoff	2.50
Pistachio Spread	3.20
Raspberry Chia Jam	3.00
Almond Butter	3.00
Coyo	2.50
Vanilla Protein	2.20
Chocolate Protein	2.20
Natural Protein	2.20

CRUNCH	
Granola	2.50
Coconut Flakes	1.50
Cacao Nibs	1.50
Chia Seeds	1.00
Hazelnuts	2.20
Desiccated Coconut	1.00
Choc Goji Berries	2.20
Buckinis	1.00
Almonds	2.20
Gluten Free Granola	3.00
Choc Buckini Clusters	2.50

(V) Vegan (GF) Gluten Free

Please order at the counter. All menu items may contain traces of peanuts, tree nuts and gluten. 15% surcharge applies to public holidays.

TOAST

	1PC	2PC
SMASHED AVO W. CHILLI (V)	8.80	17.30
Sourdough, Avocado, Chilli Flakes		

TOASTIES

PESTO, SPINACH, AVO (V)	13.50
Sourdough, Pesto, Spinach, Avocado	
PESTO, SPINACH, CHEESE	13.50
Sourdough, Pesto, Spinach, Cheese	
KASUNDI, KALE, VEGAN CHEESE (V)	13.50
Sourdough, Kasundi, Kale, Vegan Cheese	
PESTO, TOMATO, CHEESE	13.50
Sourdough, Pesto, Tomato, Cheese	

JUNIOR

JUNIOR NUTELLA BOWL	12.00
Acai, Granola, Strawberries, Nutella	
JUNIOR PB BOWL (V) (GF)	12.00
Acai, Granola, Banana, Peanut Butter	
JUNIOR BERRY BOWL (V) (GF)	12.00
Acai, Strawberries, Blueberries, Banana, Buckinis	
GREEN CUP 1 SMOOTHIE (V) (GF)	8.10
Spinach, Kale, Banana, Strawberries, Blueberries, Spirulina, Mesquite, Chia, Date, Coconut Water	
BANANA SMOOTHIE (V) (GF)	7.00
Banana, Almond Milk, Cinnamon, Honey	

GREEN SMOOTHIES

THE GREEN CUP 1 ^V ^{GF} 13.10

Spinach, Kale, Banana, Strawberries, Blueberries, Spirulina, Mesquite, Chia, Date, Coconut Water

THE GREEN CUP 2 ^V ^{GF} 13.10

Spinach, Passionfruit, Cucumber, Mango, Banana, Maca, Spirulina, Kale, Almond Milk

SIMON'S SMOOTHIE ^V ^{GF} 13.90

Spinach, Banana, Mango, Avocado, Strawberries, Spirulina, Maca, Chia, Brown Rice Vanilla Protein, Coconut Water

GREEN QUEEN ^{GF} 13.90

Spinach, Peanut Butter, Blueberries, Banana, Spirulina, Chia, Maca, Vanilla Collagen, Almond Milk

GREEN MAGIC ^V ^{GF} 13.90

Mango, Strawberries, Banana, Spinach, Passionfruit, Almonds, Maca, Coconut Water

PROTEIN POWERHOUSE ^V ^{GF} 13.90

Spinach, Banana, Blueberries, Maca, Avocado, Brown Rice Vanilla Protein, Cinnamon, Almonds, Coconut Water

GREEN DETOX ^V ^{GF} 11.20

Spinach, Cucumber, Pineapple, Chia, Mint, Lemon, Apple, H2O

GREEN AND SIMPLE ^V ^{GF} 13.00

Spinach, Kale, Banana, Spirulina, Almond Milk

SUPER SMOOTHIES

PEANUT BUTTER DELUXE ^V ^{GF} 13.10

Peanut Butter, Banana, Chia, Date, Almond Milk

HAILEY BIEBER SKIN GLAZE ^{GF} 16.00

Banana, Avocado, Strawberries, Date, Sea Moss, Berry Hyaluronic Acid, Berry Glaze, Vanilla Collagen, Almond Milk

ANTIOXIDANT ^V ^{GF} 13.10

Blueberries, Banana, Coyo, Chia, Date, Vanilla Brown Rice Protein, Almond Milk

CHOCOLATE SHAKE ^V ^{GF} 13.50

Cacao, Cacao Nibs, Vegan Chocolate Protein, Maca, Almonds, Banana, Date, Almond Milk

GOLDEN PASSION ^V ^{GF} 13.10

Mango, Passionfruit, Almonds, Banana, Mesquite, Coyo, Almond Milk

BERRY NUTTER ^V ^{GF} 14.00

Blueberries, Banana, Coyo, Peanut Butter, Chocolate Brown Rice Protein, Maca, Date, Cinnamon, Almond Milk

BERRY GLOW ^{GF} 14.00

Banana, Blueberries, Strawberries, Maca, Vanilla Collagen and Coconut Milk

SUPERFOOD POWDERS

Spirulina	1.40
Maca	1.40
Mesquite	1.40
Cacao	1.40
Cinnamon	1.40
Collagen	2.70
Protein	2.20
Matcha	2.20

SUPERFOODS

Cacao Nibs	1.50
Chia Seeds	1.00
Peanut Butter	2.50
Almonds	2.20
Coyo	2.50
Sea Moss	2.50
Almond Butter	3.00

FRUIT + VEG

Strawberries	2.20
Blueberries	2.20
Mango	2.20
Spinach	2.20
Avocado	2.70
Passionfruit	2.20
Acai	2.50
Pineapple	3.00

ACAI a berry from South America loaded with antioxidants to help build your immune system and prevent cell damage **SPIRULINA** a blue algae that contains powerful antioxidant and anti-inflammatory properties, protecting the body from disease **CACAO NIBS** has 40 times more antioxidants than blueberries, promotes healthy digestion and helps reduce cell damage in your body **MACA** increases energy levels, balances hormones, and reduces stress **BUCKINIS** protein and fibre rich, with a high mineral and antioxidant content **CHIA SEEDS** high in protein, omega 3 and fibre, keeping you feeling fuller for longer **COLLAGEN** promotes the growth of hair and nails, as well as supporting skin hydration and elasticity **MESQUITE** a highly nutritious superfood rich in fibre, iron, calcium, magnesium, potassium, and zinc **ALMONDS** a rich source of fibre, protein and healthy fats **MATCHA** contains 137 times more antioxidants than regular green tea, boosts brain function and promotes heart health.